

# **Praying in Six Directions**

*Leader:* In the name of the Father, the Son, and the Holy Spirit.

*All:* Amen

*Leader:* Let us quiet ourselves and feel the presence of God.

A period of silence is observed

We turn to the East. Each day the sun rises to a new day, reminding us of our own rising to new life. With the coming of a new day, we are given new beginnings and new opportunities to love God and each other.  
For your gift of new life:

*All:* We praise and thank you, Creator God.

*Reader 1:* We turn to the South. We think about people, those who have warmed our lives, our families and friends, and other relationships that offer opportunities of growth and development.  
For your gift of others in our lives:

*All:* We praise and thank you, Creator God.

*Reader 2:* We turn to the West. The dusk of sunset and the coming of night calls us to praise God, not only for the day that has passed but also for the sunset of our own lives. We are reminded that one day our own day will end, bringing us home to our Creator.  
For the coming of your Kingdom:

*All:* We praise and thank you, Creator God.

*Reader 3:* We turn to the North. We recall the challenges and difficulties we experienced in our lives. They too are a gift from God, a gift of strength, a gift of courage and a gift of presence. When we are challenged or face difficult moments in our lives, we are reminded that God is ever present in our time of need.  
For the gift of your presence:

*All:* We praise and thank you, Creator God.

*Reader 4:* We bow down and touch Mother Earth. God created the world, the plants and animals, and in God's own image, man and woman were created. The Earth provides all that is needed to sustain life; God provides all that is needed to sustain us.  
For your gift of life:

*All:* We praise and thank you, Creator God.

*Reader 5:* Finally, we look up into the sky. It is huge and vast, filled with wonder and awe, filled with hopes and dreams. So great and wondrous is our God. So great and vast, our hopes and dreams can be. Looking up into the sky, we are reminded that this awesome God has chosen us and filled us with hope.

For your gift of hope:

*All:* We praise and thank you, Creator God

*All:* In the name of the Father, the Son, and the Holy Spirit. Amen.